



MINDFUL MOMENTS

MEA QUARTERLY NEWSLETTER

FEBRUARY 2025 EDITION



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President's Message

FROM THE DESK OF PRESIDENT

Dear Members of MEA,

As my term as President comes to a close, I want to take a moment to express my deepest gratitude to all of you for your unwavering support, generous donations, and active involvement throughout this year. Your commitment to MEA's mission has been truly inspiring, and together, we've made this year a very engaging and successful one.

Financially, we are in a much stronger position now, thanks to the substantial amount of funds raised this year exceeding all our internal targets for the year. With this, we are now in a much better position to support more deserving and needy future aspirants, enabling us to make an even greater impact on the lives of engineering students.

Additionally, I would like to acknowledge the invaluable contribution of our energetic board. Their dedication, hard work, and collaborative spirit have been a key factor in making this year such a success. Their commitment to the association's vision and mission has been truly remarkable, and I am deeply grateful for their support.

Our membership has also reached an all-time high, a testament to the strength of our community. As I step down from this role, I encourage each of you to continue your involvement and support the MEA's mission. Together, we will continue to grow and create lasting change for future generations of engineering students.

Thank you once again for everything you have done. It has been an incredible honor to serve as your President, and I am excited to see the continued success of our association in the years ahead.

Warm Regards,
LAKSHMI HARIDAS,
MEA PRESIDENT 2024

FINANCIAL SUMMARY

MONEY MATTERS

25 YEARS & WE ARE GROWING

FINANCIAL HIGHLIGHTS—FOURTH QUARTER

The primary objectives of MEA Board 2024 were to raise funds for at least 12 scholarships and to meet membership goals. By February 2025, the financial summary provided below confirms that these key goals have been successfully accomplished.

- Scholarship Payment 2023: -\$7,200
- Scholarship Payment 2024: -\$28,200
- Donations: \$23,034.13
- Event Expenses: -\$1,263.99
- Event Sponsorships: \$10,225
- Administrative Expenses: -\$3,72.58
- Interest from CD: \$1,711.08
- Membership: 8,797.73 (213 Members)
- Total Raised by 03/01/2025: \$42,131.37
- **Scholarships possible from :17.55
2024 funds**





SCHOLARSHIP SUMMARY

EDUCATION MATTERS

25 YEARS & WE ARE GROWING

SCHOLARSHIP UPDATES

Scholarship board received 355 applications, reflecting a diverse pool of talent. Each submission was meticulously evaluated according to our scholarship criteria. From this, committee selected twenty-five applications for site verification, and has now finalized the list of recipients.

Name	College
1 Aswin S	College of Engineering, Trivandrum
2 Alan Santhosh	College of Engineering, Trivandrum
3 Shiva M J	National Institute of Technology, Calicut
4 Fathima Fasila M	Thangal Kunju Musaliar College of Engineering, Kollam
5 Muhammed Hasir	Government Engineering College, Thrissur
6 Aadil Ajeev	Thangal Kunju Musaliar College of Engineering, Kollam
7 Adil P P	National Institute of Technology, Calicut
8 Kashinathan S	Government Engineering College, Thrissur
9 Aryananda K P	College of Engineering, Trivandrum
10 Aaryan Saj K	College of Engineering, Trivandrum
11 Vignesh M Ajay	College of Engineering, Trivandrum
12 Mejo Thomas	National Institute of Technology, Calicut
13 Abhinav Bijoy	Government Engineering College, Thrissur
14 Sujith Kannan G	Government Engineering College, Thrissur

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ÜBERRITO FRESH MEX

RHOMES



YOUR SUPPORT MADE THIS EVENT POSSIBLE

GOING ON AN ADVENTURE WITH MY BEST FRIEND

WRITTEN BY PRANAV NAIR -GARCIA MIDDLE SCHOOL

Me and my best friend Jaiden were bored one day so we decided to cave exploring. We packed all of the necessities such as food, water, flashlights and shoes. The next day, we drove for an hour to the cave but we had made a grave mistake, we had forgotten a cave guide. Us not knowing anything about the caves walked in.

We turned on our flashlights and lit up the cave and we realized how big the cave was. The walls of the cave looked very slick as if the cave had been flooded recently, and there were tens of hundreds of huge tunnels that were so tall that they could fit whole apartment buildings in and with jagged rocks that looked like sharp teeth. We were pretty stupid so we chose a tunnel and walked in .

We walked and walked until we heard a low growling sound which startled us so we turned around and that was the moment we realized our mistake if we had a cave guide that would tell us the way back but now we were lost since there were even more tunnels all around us and we didn't know which one we came from .We started panicking we heard the low growl sound again and this time it sounded lot closer. We frantically tried to retrace our steps. When we turned around there was a huge black figure ten feet tall and looked as if it was about thousand pounds with strength that could crush us with one squeeze of its hands. Without thinking we took off running the other way around jumping over rocks everywhere until we came to a dead end.

We turned around and knew we were going to die. It grabbed Jaiden and I closed my eyes waiting for a scream but I didn't hear a scream. The monster put Jaiden on his back and reached out its hand for me. Since it hadn't killed Jaiden, I uncertainly took its hand. It put me on his back with Jaiden and started running away from the dead end. We thought we were being taken to it's lair to eat us. A few minutes later we saw some faint light and it got brighter and brighter until we were at the cave entrance. It gently put us down and ran away. We felt so relieved that we were out of the cave. We drove back home and researched about the creature, turns out it was unknown and we had discovered it. We never went cave exploring again.

CHOOSE AN EVENT FROM YOUR LIFE AND WRITE ABOUT IT FROM THE PERSPECTIVE OF SOMEONE WHO WAS THERE

WRITTEN BY JOANN ABRAHAM-TRAVIS HIGH SCHOOL

The shoes clapped against the court. The clock was racing down one by one. Tick! Tock! Water was dripping down my forehead as I searched the playbook for any play that would help them score their game. Their collaboration was good, but they needed to hurry before the other team passes them up. There I was on the sidelines as the kids I worked endlessly on for days were heading towards the final round. The score was tied 6:6. The final point was worth all the marbles. The wind gushed into the court as the referee took a heavy sigh before exclaiming, "Halftime!". They scurried across the court and the smell of sweat filled the air. It was up to me to secure the victory of our team. The game was about to start again, we huddled up and I told them the play. We exchanged urgent looks, but I kept my cool and told them my words of affirmation. You got this!

The championship trophy was all we wanted. Our school hasn't won a trophy in 65 years. The gigantic, gold, and shiny trophy carved with our name on it. I just knew it" this was our year". The year we'd finally win, and I'd be the first coach to win it. My excited looks slowly faded as the other team just scored a point. "Oh no!" The clock continued to tick down.

We needed a strategy; I called a break so that the team could huddle back up and converse a plan. The ball needed to get off defense, so after a quick discussion, our play involved using the captain of the team as a distraction to get the ball in the hoop/ They rushed back on the court as I continued to glare at them. We needed them to win. Lola passed the ball to Lily creating an opening for Joann to shoot and she scores! We won the game!

The referee announced our win as congratulated us. The team and I ran up to the middle of the court and started cheering. Even to this day I can hear the echoes in my mind of the pride our team brought to the school. It makes me wonder if the sweat and tears were all worth it. Later in the year when it was time for the "Teacher of the Year Voting". The team campaigned and I won! My girls really can do it all!

KREATIVE CORNER

Meet The Artist -Nihaal Kochoth-Bowie Middle School



Meet the Artist -Kalyani Nair-Austin High School



JOYOUS JOURNEYS



MEA EVENT HIGHLIGHTS: A RECAP



EUPHORIA-AN MEA CULTURAL EVENT

NOV 09, 2024
HOUSTON KNANYA
CATHOLIC SOCIETY

A spectacular evening showcasing the talents of our MEA family grooving to the beats creating a magical atmosphere.



More than 400 attendees graced the event. The evening commenced with lamp lighting ceremony by MEA Board



Our esteemed founding members of MEA received heartfelt recognition through the presentation of beautifully crafted plaques.



Euphoria was an unforgettable event that brought our community together to celebrate and showcase our talents. The evening was filled with a vibrant display of creativity, leaving everyone with lasting memories.



MEA members engaged in captivating performances.



MEA EVENT HIGHLIGHTS: A RECAP

EUPHORIA-AN MEA CULTURAL EVENT



MEA stars stepped into the spotlight, adorned in adorable costumes grooving to the beats.



The stage pulsed with the rhythm of music rendered by MEA kids



Raffle prize was awarded to a lucky winner by our Sponsor Ajitha Tose



MEA Arts and Chess Competition awards were presented to the winners.

MEA EVENT HIGHLIGHTS: A RECAP



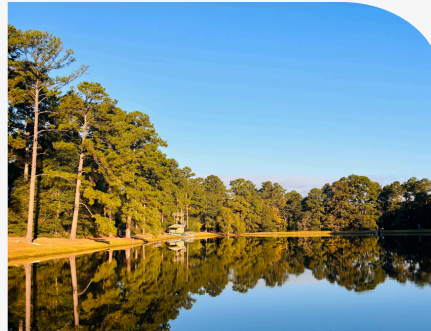
CAMPING - AN MEA OUTING



OCT 26, 2024
CAMP ALLEN



A scenic overnight retreat in the heart of Navasota, TX with friends and family



Kids and adults alike enjoyed the scenic beauty of camp Allen.



Comradery: Moments in the Making



MEA Camping was an incredible experience filled with games, karaoke. The kids had a blast making friends and enjoying some time away from all media. It was a perfect blend of fun activities and relaxation, making it an unforgettable outing for everyone.



Adults had a great time engaging in a variety of games throughout the night.

MEA EVENT HIGHLIGHTS: A RECAP

CAMPING—AN MEA OUTING



MEA Kids had a blast forging friendships, and embracing nature



Kids and Adults enjoying morning breakfast and Hay Ride at Camp Allen



Never a dull moment at Camp Allen

MEA EVENT HIGHLIGHTS: A RECAP



MEA BADMINTON TOURNAMENT



DEC 7, 2024
ARISE SPORTS COMPLEX



Smash and Rally: A Thrilling Badminton Showdown by our own MEA Teams.



Teams exhibited impressive skills and sportsmanship throughout the day.



It was a high-energy event that brought us together for a day of spirited competition and fun. The tournament welcomed players of all ages and skill levels, fostering a sense of unity and excitement.



Each match was met with cheers and applause from the enthusiastic players, creating a vibrant and supportive atmosphere.

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MEA EVENT HIGHLIGHTS: A RECAP

MEA CONNECT WEBINARS

**Jan
11th**

CYBERSECURITY FOR EVERYONE

Protecting your digital life

Explore the common cybersecurity threats and different measures that can be undertaken to safeguard data.



Speaker: Rajesh Gopinath

- Rajesh Gopinath is the CIO for a Tech Startup and a CyberSecurity expert
- The webinar was highly interactive, with nearly 40 participants.
- Cybersecurity is the practice of protecting systems, networks, and programs from digital attacks. These cyberattacks are usually aimed at accessing, changing, or destroying sensitive information. Cybersecurity measures are essential for individuals and organizations to safeguard their data.
- This webinar discussed in depth various cyber security threats and common measures and best practices that can be undertaken to protect individuals from cyber attacks.

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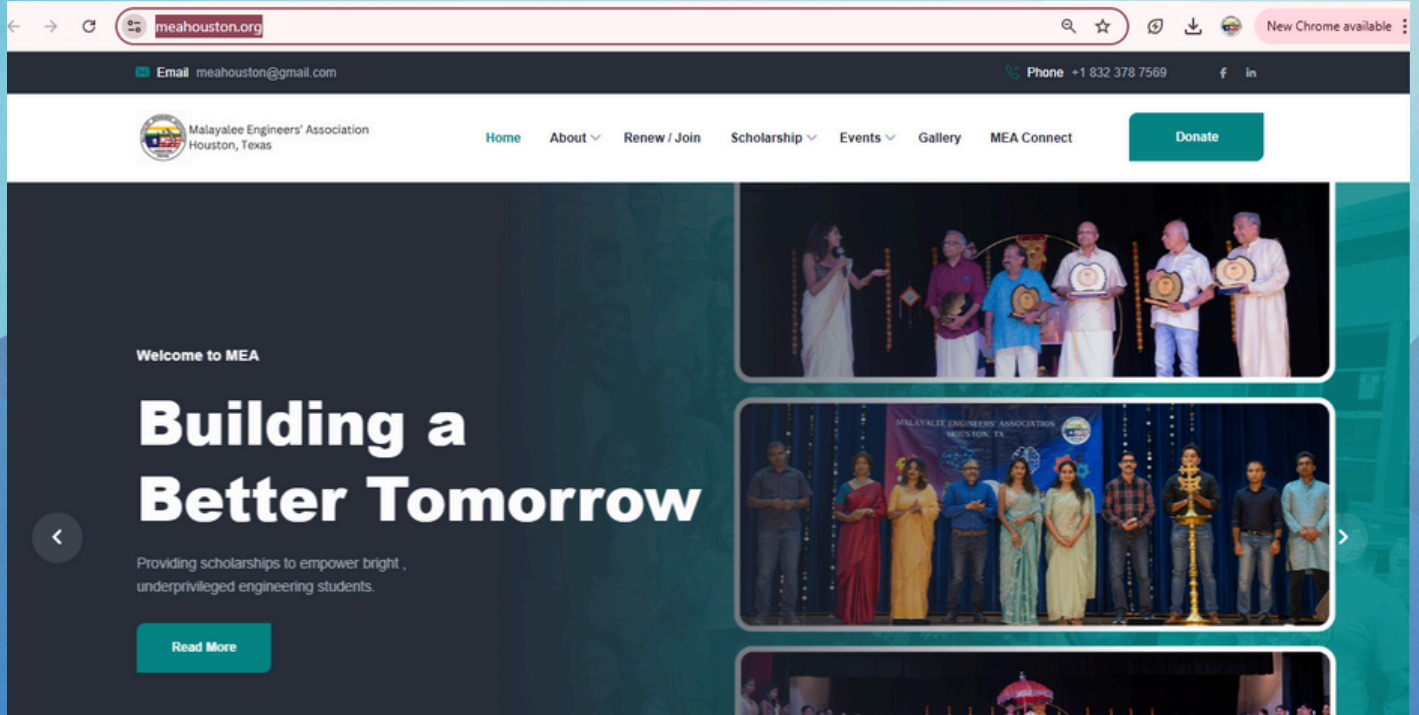
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Triumphs Unveiled

Our new MEA website has been launched!!!!The new site is designed to be user-friendly, informative, and engaging, offering the latest updates, events, and resources for our community. Visit <https://meahouston.org/> to explore more.





MEA 2025

Upcoming Events

1
MAR

6:00PM-9:00PM

MEA GBM And Family Dinner
Ashiana Indian Restaurant

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